

	State of Alaska Department of Corrections Policies and Procedures		Index #: 401.07	Page 1 of 1	
			Effective: 3/4/2013	Reviewed: 3/2013	
			Distribution: Public	Due for Rev: 3/2017	
	Chapter:	Training and Staff Development			
Subject:	Institutional Staff Physical Fitness				

I. Authority

In accordance with 22 AAC 05.155, the Department will maintain a manual comprised of policies and procedures established by the Commissioner to interpret and implement relevant sections of the Alaska Statutes and 22 AAC.

II. References

Alaska Statutes

AS 33.30.030

III. Purpose

To establish uniform procedures within the Department for promoting the physical fitness of staff at Correctional Facilities.

IV. Application

All staff.

V. Policy

It is the policy of the Department to promote the physical fitness of institutional staff.

VI. Procedures

- A. All institutions that have an on-site gymnasium will make it available for staff use during hours that is not in use by the prisoner population.
- B. Institutional staff is encouraged to utilize the gym during meal breaks and off-duty hours, as determined by the Superintendent. The Superintendent may restrict the types of activities allowed.

VII. Implementation

This policy and procedure is effective as of the date signed by the Commissioner. Each Manager shall incorporate the contents of this document into local policy and procedure. All local policies and procedures must conform to the contents of this document: any deviation from the contents of this document must be approved in writing by the Director of Institutions.

3/4/2013

SIGNATURE ON FILE

Date

Joseph D. Schmidt, Commissioner
Department of Corrections